



[www.coagoldengate.org](http://www.coagoldengate.org)

# Golden Gate Commissioned Officers Association

## Biweekly Announcements

**Mid-January 2023**

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### *Membership*

Your Golden Gate membership is an integral part of maintaining the branch. If you have not paid your COA dues, it's not too late! Email us if you have any issues paying your dues ([goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com)). <http://www.coausphs.org/membership/join-or-renew/>

### *Member Survey*

***Please take a few minutes to take our member survey:***

<https://www.surveymonkey.com/r/HXRVB99>

**27 JANUARY 2023, Time TBD**

**1201 Harbor Bay Parkway, Alameda, CA 94502**

**Email LCDR Thida Buttke & LCDR Steven Galvez to RSVP  
[Thida.buttke@fda.hhs.gov](mailto:Thida.buttke@fda.hhs.gov) & [steven.galvez@fda.hhs.gov](mailto:steven.galvez@fda.hhs.gov)**

*Our next General Membership meeting will be held at the FDA office in Alameda. You must RSVP for the meeting so we can provide the list of names to federal security. Bring your CAC card for entrance to the office.*

*The General Membership meeting time is TBD, likely to be late afternoon.*

***BLS course will begin at 10am. Email [steven.galvez@fda.hhs.gov](mailto:steven.galvez@fda.hhs.gov) if interested in BLS, slots are limited.***

### *BLS Course*

**25 JAN 2023**

**We have an additional day of BLS being offered on the 25th at 10am. This will be held at the FDA office in Alameda, 1201 Harbor Bay Parkway, Alameda, CA 94502. Please email [steven.galvez@fda.hhs.gov](mailto:steven.galvez@fda.hhs.gov) to RSVP.**

### *Additional BLS Opportunities*

Facility

[Department of Defense Military Health System](#)

[American Red Cross \(ARC\)](#)

[American Heart Association \(AHA\)](#)

[American Safety & Health Institute \(ASHI\)](#)

## GGCOA 2" Challenge Coins

GGCOA 2" challenge coins are available for purchase! Limited time pricing of only \$10/coin! Available in 4 colors. If you would like to order, email [goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com). Shipping can be arranged. We take cash, check, or Venmo.



## Leadership Opportunities

***Would you like to join the GGCOA leadership team?***

GGCOA is seeking co-leads and workgroup members! Visit our website for more information on available workgroups and projects!

[Link to Website](#)

## ***Have an Announcement to Submit?***

Announcements are sent on a bi-weekly basis to all members of GGCOA. If you have an announcement or story you would like to include, please submit it (along with any photos) to [goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com) by the Wednesday prior to the announcement date. In the subject line of the e-mail submission, include the title of the announcement and the date(s) you would like the announcement to be included.

## Current Executive Officers

President – CDR Nicola Areshenko (nicola.areshenko@fda.hhs.gov)

Immediate Past President – CDR Annie Lam (annie.lam@cms.hhs.gov)

Vice-President – LCDR Omodele (Dele) Obadina (omodele.obadina@cms.hhs.gov)

Treasurer – LCDR Thida Buttke (thida.buttke@fda.hhs.gov)

Secretary – LCDR Steven Galvez (steven.galvez@fda.hhs.gov)



For more information on GGCOA please check out our website at <http://www.coagoldengate.org/>  
or the National COA website at <http://coausphs.org/>.