



www.coagoldengate.org

# Golden Gate Commissioned Officers Association Monthly Announcements

**November 2022**

**In this issue:**

Reminder – [COA membership dues](#)

Member Survey

Volunteer Opportunity – November

BLS Opportunities

Challenge Coins – [Order](#)

Join a [GGCOA Workgroup](#) or Volunteer for a Project

## *Membership*

Your Golden Gate membership is an integral part of maintaining the branch. If you have not paid your COA dues, it's not too late! Email us if you have any issues paying your dues ([goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com)). <http://www.coausphs.org/membership/join-or-renew/>

## *Member Survey*

***Please take a few minutes to take our member survey:***

<https://www.surveymonkey.com/r/HXRVB99>

## *Volunteer Opportunity*

## ***November Volunteer Opportunity - FOOD: Third Parent Family & Youth Services Pantry***

This is a fantastic opportunity to give back to families during the holidays.

If you're interested and would like to volunteer please email me, your GGCOA Community Engagement and Volunteer Workgroup Lead (see below).

- General Website:

**<https://www.handsonbayarea.org/opportunity/a0a7V00000HGL4LQAX/food-third-parent-family-youth-services-pantry>**

- Duty: **Packing, sorting, distributing food.**
- Date/time: ***Saturday, November 12, 2022 from 10:30 to 1PM***
  - Location: **442 Ashbury St, San Francisco, CA**
    - Uniform: **Wear your PHS ODU shirt**
- Contact: **[clee2@hrsa.gov](mailto:clee2@hrsa.gov) and/or [misslee.c@gmail.com](mailto:misslee.c@gmail.com)**

### ***BLS Opportunities***

Facility

[Department of Defense Military Health System](#)

[American Red Cross \(ARC\)](#)

[American Heart Association \(AHA\)](#)

[American Safety & Health Institute \(ASHI\)](#)

### ***GGCOA 2" Challenge Coins***

***GGCOA 2" challenge coins are available for purchase! Limited time pricing of only \$10/coin! Available in 4 colors. If you would like to order, email [goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com). Shipping can be arranged. We take cash, check, or Venmo.***



## Leadership Opportunities

### *Would you like to join the GGCOA leadership team?*

GGCOA is seeking co-leads and workgroup members! Visit our website for more information on available workgroups and projects!

[Link to Website](#)

### *Have an Announcement to Submit?*

Announcements are sent on a bi-weekly basis to all members of GGCOA. If you have an announcement or story you would like to include, please submit it (along with any photos) to [goldengatecoa@gmail.com](mailto:goldengatecoa@gmail.com) by the Wednesday prior to the announcement date. In the subject line of the e-mail submission, include the title of the announcement and the date(s) you would like the announcement to be included.

### **Current Executive Officers**

President – CDR Nicola Areshenko ([nicola.areshenko@fda.hhs.gov](mailto:nicola.areshenko@fda.hhs.gov))  
Immediate Past President – LCDR Annie Lam ([annie.lam@cms.hhs.gov](mailto:annie.lam@cms.hhs.gov))  
Vice-President – LT Omodele (Dele) Obadina ([omodele.obadina@cms.hhs.gov](mailto:omodele.obadina@cms.hhs.gov))  
Treasurer – LCDR Thida Buttke ([thida.buttke@fda.hhs.gov](mailto:thida.buttke@fda.hhs.gov))  
Secretary – LCDR Steven Galvez ([steven.galvez@fda.hhs.gov](mailto:steven.galvez@fda.hhs.gov))



For more information on GGCOA please check out our website at <http://www.coagoldengate.org/>  
or the National COA website at <http://coausphs.org/>.